For Coach John Seeley, home is diamond shaped

By GUNODLA RATHER

Occasionally, John Seeley visits his old friend Smokey Defelt, in Smokey's deserted Defelt, in Smokey's deserted

"I always look forward to these visits. Smokey always has a story or two to tell, and while Seeley leaves through Dyna

"Smokey's legend is reminiscent of Miss Olga McMackin's baseball team in her time. He's hitting his eyes off the open parkin

"You know, he still remains a part of those visits. Smokey's love for baseball never fades, and he always makes sure that

"I asked him, 'How do you keep the kids interested in baseball these days?' He looked at me with his usual twinkle in his eye

"Seeley told me that Smokey has been a mentor to Olga, as she prepared Joyce for her career as a baseball player. "Olga, as

"He said, 'I thought it was going to be a little expensive,' she said. 'But it wasn't. After making an appointment with Olga,

"The process involves computer aid through the Guidance Information System (GIS) of MiraCosta College. In describing the latter,

"The whole atmosphere excited the athletes at Oceanside-Carlsbad-San Diegouito High School. On Thursday, Jan.

"To register for spring classes, call 757-2121. Staff photo by Craig Beamish

Spring class courses list offerings

MiraCosta College spring class schedules have been mailed this week to all students currently enrolled in the college.

The thieves took $2,000 from A.S. Bookstore

By J. TAYLOR and LINDY LATASA

A break-in occurred at the campus bookstore on Thursday, Jan.

"The thieves apparently knew the inventory of the store. In the past months, two other incidents of burglary or vandalism

"The thieves were able to get away with approximately $2,000 in cash stolen from the store's safe, the largest amount that

"The thieves could be initiated sometime this year; or older - or any high school graduate - or a California resident - or military - or older - or any high school graduate - or a California resident - or military - or older - or any high school graduate - or a California resident - or military - or older - or any high school graduate - or a California resident - or military - or older - or any high school graduate - or a California resident - or military.
Vacation budget limited? Try house swapping.

By DEL ROBERTS

With spring semester coming, are you looking forward to summer or dreading it? One thing you can do to make your vacation budget stretch a little further is to try house swapping.

In quest of new places and experiences, a growing number of homeowners are exchanging their homes with others. A simple exchange can mean having new houses to live in for a week, a month, or even a whole year. The directory, which costs $20 in the United States and $25 outside the U.S., contains addresses of homeowners who are interested in swapping. To receive the directory, you must first subscribe to a house exchange service, which costs $30 and includes a subscription fee of $250 payable by each party when they agree to a given exchange.

The process of house swapping is as follows: you receive the directory and contact a homeowner whose home you are interested in exchanging. You then arrange to visit the home, and if you agree to the exchange, you will receive a confirmation by return mail. You will then be listed in the directory for others to contact you if they are interested in exchanging their homes with yours.

House swapping can be a great way to explore new places without the expense of travel. It can also be a way to meet new people and make new friends. So why not try house swapping? It's a simple and cost-effective way to experience a new place without breaking the bank.
COUNSELOR OLGA MARKGRAF USES COMPUTER IN HELPING JOYCE ANDERSON

COLLECTION OF HOME-MADE LURES PRODUCED BY BLESSEr

BLESSEr OFF LA JOLLA WITH SQUID HOOKUP

THE CATCH: A LARGE SQUID CAUGHT ON GIG

Computer aids in selecting a career

(Cont. from page 1)

words from the master book. Otherwise, the computer might eliminate something applicable to your interests.

Joyce's desire to work with people narrowed the field from 875 to 830 occupations. After choosing more requirements from the master book for her ideal occupation, the field narrowed to 201 jobs. Then Joyce picked "Environment" from the job cluster, and the computer printed out two occupations: Meteorologist and Seismologist, along with all the pertinent information.

What surprised Joyce was that all the occupations analyzed for her by the computer contained the same characteristics: helping and working with people, following specific, set routines, and dealing with scientific/technical areas.

Joyce left Olga with a promise to return after studying her two yards of computer read out. Since meteorology or seismology required traveling, Joyce turned again to physical therapy. During this semester she worked at the Occupational Health Services, Inc. in Vista as a respite care worker. Her desire to work with handicapped and her interest in dance led to the next session on the GIS computer to explore the opportunities for a dance therapist.

Before telephoning the terminal for this information, Olga Markgraf reassured Joyce that there was a growing demand in the health field, due to increased tensions in life and a longer life span. "One of our biggest problems," she said, is to keep our senior citizens emotionally and physically healthy.

That sounded good to Joyce. Dance - ballet, jazz, modern, tap - has been a part of her life since childhood. She's even working with a weight lifting program to build strength and control.

Olga then asked the computer for a job description of therapist, musician. "There are 875 occupations listed, but each represents five related jobs with common characteristics, skills and training," she said.

So Olga substituted "dance" for "music," and the job description returned was:

ent lures are duplications of five different baits: the anchovy, mullet, octopus, shrimp, and squid. The Marine Corps brought Blesser to California in 1961. He retired from military service during November 1971, and he has been enjoying California fishing ever since.

He is the author of five magazine articles. One article, titled "Little Old Jigmaker-Me!" was published in the December 1976 issue of the Salt Water Fisherman.

His most recent fishing accomplishment occurred Sunday January 6 at 9 a.m. He was on the east bank of the Del Mar boat basin at Camp Pendleton when he caught a 41½ inch long, 27¼ pound halibut. According to Blesser, it was the largest halibut he has taken from shore in California waters. In 1978 his largest halibut was 12 pounds. Last year the largest was 17 pounds.

In his course, he will cover the basics of fishing tackle, the making of artificial lures, molds, jigs, and the painting of those lures. Also in the program will be two films. One will deal with the types of fish that have been and can be caught in California, both in fresh water and salt water. The second will show the life cycle of the large mouth bass from birth to the time it is caught by a fisherman.

Commenting on the amount of literature that will be handed out in the class, Blesser said, "They'll need a fork lift to take it away." So, man your fork lift and good fishing.

Computer aids in selecting a career

(Cont. from page 1)

At Parris Island, South Carolina, he started making his first artificial lures. After looking through different fishing magazines, Blesser discovered an advertisement for a Sweets mold used for the manufacture of lead jig heads. After he received his mold, he slowly but surely increased his stock of artificial lures. "The first ones I made were pretty bad," Blesser stated with a smile. All his present lures are duplications of five different baits: the anchovy, mullet, octopus, shrimp, and squid.

The GIS computer printed out a detailed information about artificial lures, molds, jigs, and the painting of those lures. Also in the program will be two films. One will deal with the types of fish that have been and can be caught in California, both in fresh water and salt water. The second will show the life cycle of the large mouth bass from birth to the time it is caught by a fisherman.

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Health Services more than just first-aid

By DARRYL CARSON

A lot of people think that the MiraCosta College Health Services office is only for emergency first-aid, but after one visit, they discover that a great number of other services are offered.

Staffed by Fredricka Del Carlo, R.N., this facility offers a wide variety of services from tuberculosis testing to putting a band-aid on your finger. Fredricka is also equipped to administer many other tests, including vision, hearing, and pregnancy. Health counseling and guidance is also available.

“I believe that health involves more than being physically sound; being able to cope with anxiety and other emotional problems is very important,” she said.

Every way, all visits are free because the $5 health fee paid at registration finances health services.

Fredricka is from Fresno and earned a B.S. degree in nursing from Cal-State Fresno. After graduation, she worked for three years in Fresno public schools as a nurse and another three years as a nurse in Palm Springs. After obtaining an additional 20 units at Cal-State Northridge, she moved to Carlsbad and worked in nursing for the San Diego public schools before coming to MiraCosta this fall.

Fredricka holds that prevention can help avoid illness. “Good health involves being aware of yourself, which includes proper diet, exercise, and the ability to cope with stress,” she said.

According to Fredricka, the college health office has been seeing an average of 20 students a day. She attributes this to the literature about the health office.

Donors sought

The San Diego Blood Bank will be at the campus exercise room M-F on February 20, from 8:00 a.m. to 2:00 p.m. to encourage to sign up for future openings.

“Donors will be welcome on a walk-in basis, too,” she said.

Fredricka is from Fresno and everything involved in the health program at MiraCosta.

It is a veteran of 30 years as a U.S. Navy corpsman.

“I don’t think I was ever young.”

“I couldn’t see my feet.”

New Chariot Editor

Neil Ferri, MCC evening health-aide, will soon be publishing a health newsletter called “Health Chatter.”

Fredricka would like to hear from students about the kind of services they would like to have in the student center.

The Health Services office is located in the main trailer just south of the student center. Regular hours are from 8:30 a.m. to 9:00 p.m. Fredricka is there from 8:30 until 3:00 when Neil Ferri takes over for the eight students.

Ferri is a veteran of 20 years as a U.S. Navy corporan.

By DARRYL CARSON

A representative from the Employment Development Department in Oceanside will be on campus starting Feb. 5 to interview students for jobs.

HOURS that the representative will be on campus are 10 a.m. to 2 p.m. in room E-21 in the Student Center. Students will be able to use the facilities of the department without having to go into the Oceanside office.

One of the services provided by the department is a job bank re­ferral system, which is a computerized listing of jobs throughout the county. Job bank materials will be available in the campus placement office, room E-21. Students also will be able to be sent directly out on job referrals and may register with the department for future openings.

"When we walked out of the room we knew we could do it.

"A lot of people are still in the dark and sometimes it’s too distracting.

"We could do it. That sounds funny, but that’s exactly it. Every one had such a positive attitude."

"I couldn’t see my feet."

"I don’t think I was ever young."

That’s about it. Continued in Chariot, Feb. 22.
By MARI LINDGREN

Psychology teacher will miss MC after 26 years

For most students, leaving MiraCosta is not a sorrowful event. But students are students; they study and learn and move on to other opportunities. When Mary Jean Corchran, full time psychology instructor at MiraCosta, retires in February with 26½ years of service to the college, many long-time friends, and an area for which she has a great love, leaving MiraCosta will be sad for her, but she will take with her many fond memories.

It was 1953 when Mary Jean Corchran first came to Oceanside, seeking a job as a clinical psychologist for the then Ocean-side/Carlsbad High School and College district. Because the district did not have an opening for a district psychologist, Corchran was hired as director of the college's FM radio station.

"It was fun," recalls Corchran, who originally studied speech and drama; however, she took the job in hopes that a position as a psychologist would open. "I always dreamed of being a psychologist, but my parents were not encouraged to study psychology. They wanted me to be a teacher because I am a very organized person."

Along with a lot of care, Corchran has given her husband, a man who has devoted much of his life to football, a great deal of support. Rather than surrender herself as a "football widow," she has become very much a part of her husband's work.

"I don't think I should talk about my husband? Corchran can't think of anything, "if anything," she says, smiling thoughtfully. "It has brought us closer together." She and Bill have enjoyed their years of working together at MiraCosta and now look forward to some much deserved travel and relaxation. She said she'll probably take some time to develop some new hobbies, since her work has been her main hobby for some time; she is also giving some fishing and camping.

Looking back on her years at MiraCosta, Corchran becomes reminiscent. She speaks nothing but words of praise for the staff, faculty, and administration. "It has been a rewarding experience," says Corchran, her voice beginning to break. "I love this area and I love this college: the location, the faculty, the students, everyone ... " She hesitates, then stops, tears welling in her eyes. She removes her glasses to wipe the tears and takes a moment to regain her composure.

"I'm sorry," she apologizes, "I'm alright." Then she smiles and turns to gaze out the window, perhaps reflecting on her past years here. The panoramic view is magnificent. Majestic rain clouds hang over a patchy blue sky. "I can see our house from here," she said she'll probably take some time to develop some new hobbies, since her work has been her main hobby for some time; she is also giving some fishing and camping.

Along with a lot of care, Corchran has given her husband, a man who has devoted much of his life to football, a great deal of support. Rather than surrender herself as a "football widow," she has become very much a part of her husband's work.

There are disadvantages to working so closely with her husband? Corchran can't think of any. "It has been fun," recalls Corchran. "I wonder how he was going to like spending so much time with his wife. Bill simply answered, "I need a lot of care.""

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The physical exam: first, the bad news

By JUDITH WEINBERG

About mid-way through social gatherings lately, I've noticed myself stopping me in the back and saying, "Honey, tell these folks about your multiphasic examination down at Kaiser's." How could the first thing to happen, I was embarrassed. How could my yearly medical check-up be of interest to anyone, much less be amusing? But it has never failed to lighten the mood a little at gatherings. It's something about our social life. Anyway, I'm going to tell you what happened, just as I experienced it.

I'm a person who takes a lot of interest in the value of prevention. So I jog, practice yoga, don't smoke and eat lots of fiber. It would naturally follow, would it not, that I heed medical advice and go for a yearly check-up? It took me four months on the waiting list; then I received, by mail, an appointment and a written warning that if I didn't show up "because of an emergency," I would lose my turn and have to go back to the top of the list of waiters. I was added to that another 45 minutes of waiting, which gave ample time to read three issues of "Medical World" and two, three-year-old "Time" magazines.

Someone called me, the last human voice I was to hear through "phase one." I was on my way.

I was on my way to the bathroom to give a urine specimen. No identification on the bottle made me recall a story I'd heard quite often, which my agent describes as "market between the ages of 17 and 34, which her agent describes as frustrated. You have to stay with forbidden Wine."

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I was on my way to the bathroom to give a urine specimen. No identification on the bottle made me recall a story I'd heard quite often, which my agent describes as "market between the ages of 17 and 34, which her agent describes as frustrated. You have to stay with forbidden Wine."

"the villain," Hurd said, "but my examination down at Kaisers'."

When this first started to happen, I was embarrassed. How could the first thing to happen, I was embarrassed. How could my yearly medical check-up be of interest to anyone, much less be amusing? But it has never failed to lighten the mood a little at gatherings. It's something about our social life. Anyway, I'm going to tell you what happened, just as I experienced it.

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Jan. 11, 1980

For Coach John Seeley, home is diamond shaped

(Cont. from page 1)

...over forty players in any given year, and he spends his time lavishly on good young talent in his season. While talking about former and present ballplayers, Seeley doesn’t want to play them. "I can’t do anything to say more things they don’t do right. I don’t exclude others to play on my team. I still do it. And you can’t coach a non-existent team. I try to recruit kids I can coach. That is why I’ve got good kids."

John Seeley impatiently paces fifteen feet behind first base. His clipboard dances from arm to arm, uneasily under his scrutinizing eye. The kid narrows the gap but sees that he’s gonna be on the team. He is not a great player. The unfortunate pitcher tights his knuckles and begins. "Take that damn stick and do something. You won’t pull low punches. He’s not right there you don’t say, go take a shower. On a bad day you don’t want to be around."

"We practice on Saturdays," says Coach John Seeley. "And Seeley does that on his free time. He avails himself to the scenes, but we know, he’s better. He’s the kind of guy that you show up near the door. He won’t pull low punches. He’s not right there you don’t say, go take a shower."

A bright November sun bathes the baseball diamond in afternoon shafts. Dornseirs plane landed, Seeley welcomed him at the airport. For the next week he drove the young man from one apartment to another until they found a suitable residence for his coach.

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He walks with a smoothness an absence of purpose, carrying his two hundred and fifty pounds some well. A black, battered baseball cap with his capital "M" emblazoned, sits on his color-hued hair. Below the cap frames his steel-blue eyes and twin chins. His hair is tucked into khaki shorts with large pockets front and back, his black and white cardigan shirt, a gold set in resignation, the right fielder's love-hate emotions. "We practice on Saturdays," says Coach John Seeley. "And Seeley does that on his free time. He avails himself to the scenes, but we know, he’s better. He’s the kind of guy that you show up near the door. He won’t pull low punches. He’s not right there you don’t say, go take a shower."

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Sandshulte leads hoopers’ attack

Offense seeks ‘the good shot’

By MARK ABBRUSCATO

In the conference opener at San Jacinto, head coach Glen Adelman was discouraged by the Spartans’ inconsistent play. “We've played very well sometimes, and then we'll turn around and play very poorly,” said Adelman.

The Spartans were down by 13 points at halftime, 40-25, against San Jacinto. The Spartans turned it around in the second half, out-scoring San Jacinto by 59-55, but still fell short as Jessie Gordon sank a pair of jump shots to put MC away 70-64.

Guard John Sandshulte led the Spartan attack with 12 points. The 6-0 sophomore from Fallbrook was a “tough competitor who shoots well,” Adelman added. “He’s always been a shooting guard, not a ballhandler. This year we’re asking him to do both.”

Because of the added responsibility, Sandshulte has had “his ups and downs like the rest of the team, but overall I’m happy with his play,” said Adelman.

The Spartans feature a structured offense that waits for the good shot, something that hasn’t occurred with regularity on the basketball court. “We’re not patient on offense. We’re not waiting for the good shot,” explained Adelman.

Adelman added, “You can get a shot anytime, but we try to emphasize awareness of what is a good shot and what isn’t.”

Defense and rebounding are other sources of inconsistency for the Spartans. When MiraCosta is playing poorly, in Adelman’s words, “the defense is passive and the rebounding is nonexistent.”

The defense most frequently employed by the Spartans is the basic man-to-man approach. In an effort to try to mix it up a little bit, MC will switch into a zone or full-court press.

Adelman feels the Spartans have been guilty of “sitting back and waiting for things to happen. That takes the momentum out of our hands.”

Although Adelman is not pleased with his team’s performance so far, he is optimistic for the future.

Of the seven teams which make up the Desert conference, all but the last two placed in the standings will have a shot at the playoffs. The conference champion will automatically qualify for the statewide playoffs, while “as second through fifth finishers will play each other to determine the remaining representative.”

Adelman has set his sights on the first five places, stating, “Tactically, we definitely have the ability to finish in that area.”

For the Spartans to be one of the top five at the end of the season, they must strengthen their team concept of play. “We’re not talented enough as individuals, but we have quite a bit of talent around, we have to mesh that talent,” said Adelman.

The Spartans next opponent will be Victor Valley, an away game against last year’s Desert Conference champ. Victor Valley will be a tough opponent for the Spartans. Adelman lists them as “very quick, very aggressive, and very physical.”

Victory over Victor Valley would mean that the Spartans “controlled the tempo and made them stay on defense,” said Adelman.

Bonita High School head coach Jim Kinney has been recommended to fill the head football coaching position recently vacated by Bill Corchran.

The recommendation which was approved by the MiraCosta College Governing Board on Dec. 18, was announced by athletic director Tom Shield at the annual football awards banquet on Nov. 28.

“I just hope in my career I can be as successful in helping young people with their lives as Bill was,” said Kinney, a former Torrey Pines High School head coach.

Sentiments ran high at the banquet, Corchran received accolades and several plaques from various individuals, including his 1979 team, the Oceanside Optimist Club, which sponsored the banquet, and the Paopao family, which has had five sons play on Corchran’s teams.

Corchran has had more than 500 players on his teams since 1956, when he was hired. He became known as one of the nation’s most successful community college coaches, gaining 11 conference championships and having many players named to high athletic honors.

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