By Jackie Kerr
Chariot Reporter

What do a cultural display, a new student center, and "movie nights" have in common? They are all new projects of MiraCosta College's student government.

The cultural display is planned for May and June. Students of different backgrounds will submit essays, artwork and other works to be featured in the library.

David Valentini, vice president of Policies and Procedures is spearheading this task force on campus, explained Steve Johnson, student services specialist.

A committee of faculty members will view all works submitted by students and will decide what will be displayed each month.

Another important item the Senate is discussing is the possibility of a new Student Center.

Discussion began Feb. 26, said Johnson, adding that the entire meeting was devoted to the needs and concerns regarding a new building.

Session begins June 24
Apply now for financial aid

This summer, MiraCosta College will offer a unique educational opportunity for 40 qualified high school and college students. These special students will be the first participants in a "Summer Scholars Program" at the college's main campus, One Barnard Drive in Oceanside.

The program, which consists of honors level instruction in the humanities, political science, and biology, was the result of a day-long conference, called "Spotlight on Excellence," held in March at MiraCosta.

Representatives from all eight high schools in the MiraCosta College district met with MiraCosta faculty and staff members in workshops on English, foreign languages, mathematics, social studies and science. The objective of the workshops was to ascertain a need for an honors program, and to receive input from the various high school representatives as to the feasibility of establishing such an honors program at MiraCosta.

H. Dean Holt, president of MiraCosta College, stated the objectives of the program in his opening remarks at the conference.

"We want to recognize, reward and encourage outstanding achievement by students, whatever their academic or career goals and interest. We need to better tailor programs and services to meet the needs of the more able as well as the less able students, and sometimes tend to give more emphasis to the latter," Holt said.

With this goal in mind, MiraCosta is currently accepting applications from students who wish to enroll in the honors program this summer, with plans to continue the program as a regular course of study at the college.

Admission to the Summer Scholars Program will be granted to students who display a high degree of motivation and achievement, and who meet a minimum criteria. The criteria includes a grade point average of at least 3.0, and test scores or coursework which demonstrate high academic aptitude or achievement, particularly in verbal skills.

Several merit scholarships have been reserved for this program and will be awarded to qualifying Summer Scholars upon enrollment in the classes.

Additional information may be obtained at the Admissions and Records office, 755-3155 or 755-8056 or the Del Mar Shores office at 942-1352.

Sunday program spotlights excellence

Scholarship to honor Lazdans

Mara Lazdans, 20, a nationally ranked cross country runner and member of MiraCosta's team, died in a head-on car crash March 31 in the Chino area.

Under the guidance of Coach Al Gilbert, Mara developed into one of the best athletes in the event. She displayed excellent sportsmanship and was dedicated to working toward her goal. Mara was named All-American at Cal State Northridge.

An athletic scholarship honoring Mara is being offered at MiraCosta and at Cal State Northridge. "The scholarship would go to someone who met with MiraCosta faculty and staff members in workshops on English, foreign languages, mathematics, social studies and science. The objective of the workshops was to ascertain a need for an honors program, and to receive input from the various high school representatives as to the feasibility of establishing such an honors program at MiraCosta," Gilbert said.

"Mara's legacy for all of us was that almost anyone who works hard enough can become a super achiever. She established many records in distance events," said Gilbert.

Stephanie Fedorack, remembered Mara from Fallbrook high school days when she was a senior starring in various track events. She saw her as "bubbling over and congenial, lovable personality, determined to do her best, hard-working."

Gilbert, who helped her on the road to fame in distant events from 800 meters to 3,000 meters and cross country events, praised her highly for her perseverance.

Vira Lazdans, her mother, said she was a very religious person and planned to visit Bethlehem, the Holy Land, and had saved for making the trip. The savings earned by her part-time jobs will be contributed to the fund for the memorial scholarship, Mrs. Lazdans said.

Mara's goal was to obtain a master's in physical education, specializing in exercise physiology and aspiring to become a coach. "She lived up to very high values and was a very good Christian," her mother noted.

Mara helped the family in the nurturing process when she lived at home and on weekends and holidays returning from Cal State Northridge. Her hobbies included swimming, cycling and assisting in cooking and baking whenever her schedule permitted.

Contributions may be sent to the MiraCosta athletic department, One Barnard Dr., Oceanside, CA 92056.

INSIDE:
• Some call it a "democracy" in El Salvador. Others call it murder. Page 2
• Take a look at MiraCosta's youngest students. Page 6
• The Spartan baseball talent - truth and consequences. Page 7
Governor stalls on lottery

To the Editor:

It seems as though we the voters have put into the powerful position of governor of California a man unbefitting of the office. George Deukmejian has shown that it's not important to him to carry out the demands of those who voted him into his prestigious position.

First, let me state that it's a strong statement to imply that Deukmejian does not have the respect and credibility that he's told by his voting constituency. I refer to the lottery initiative that was passed during the last year. The governor (who was a bitter opponent of the lottery) has stalled and faltered in making real changes to the California lottery, which was voted on by the citizens.

Public servant? Ha! I might add that Oregon Deukmejian is doing a lot more for Oregon than Deukmejian is doing for California. According to Bibbs Orr, San Diego County Board of Education trustee, there are numerous buses in committee at Sacramento. "I stopped counting after 15," she said. SB 832 gives control of the funds generated by the lottery to the Department of Education, which may not be the best choice.

Ms. Orr indicated that Deukmejian is doing a lot of "foot dragging" on implementing the lottery, but it is not clear why. The governor does not seem to be interested in following through with the promises he made during the campaign.

Reporters:

Patrick Gray
San Diego County Board of Education trustee

Susan Kelly
Joan Pirovost
Jennifer Wesley
Maryky Hane
Joanne Jester
Jackie Kerr

April 30, 1985

The Chariot

757-2121, ext. 254

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Opinions expressed in this publication are those of the writers and should not be considered the opinion of the student body or of the college. Editorials, unless otherwise designated, are the expression of the editorial staff.

Adviser—NORMA M. BEAN

CHARIOT STAFF:

Editor
JACKIE KERR

Feature/Entertainment Editors
ANTONIO PROVOST
JOAN PIRONACK

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TAMMY ADKINS

Photo Editor
JOANNE JESTER

Assistant Photo Editor
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LEONARD JUILL

Ad Manager
SUSAN KELLY

Distribution Manager
AL CLEMENTS

MCC student

Jennifer Wesley

Robin Badiollo:
"Finding time for homework. I have two kids, ages 2 and 4 so a lot of the time I'd like to spend with them goes toward homework."
Parents compare, but still love

"Dr. Not At All" will be happy to attempt to answer any reasonable question. Please place questions in the box provided at the front of the office or library with staff members in U-13. You do not have to sign your name. "Dr. Not At All" is a fictitious character proposed by a staff member for the amusement and education of our readers. His advice does not necessarily represent the opinion of the Chariot staff or AltraCosta College.

Dr. Dr:

My brothers and I attend different colleges and have different majors. But, our parents insist on comparing class by class grade averages and do our best. Is there any way to hold down this parental attack?

Signed,

"Three Unwilling Competitors"

Dear Competitors:

May I believe that noting one sibling's grades will push the rest to strive harder. Since parents note grades out of habit and love for their children, it will be difficult for them to stop. Perhaps by stating the discomfort you each feel and suggesting that a report in which comparisons between each college, the point can be made. If not, no need to worry. Keep up the good work. Do your best, and soon your parents will be bragging about ALL their children's great grades.

Dr. Doctor:

With all the reported incidents of child abuse I'm almost afraid to leave my child anywhere while I attend classes. What can I do?

Signed,

"Worried about Shortcake"

Dear Worried,

Whether you use daycare facilities, preschools, or other forms of child care, plan a time schedule, price range, personal preference, and environment you want your child to have. You may desire to take the following precautions:

1) Make sure you are welcome at the place of care any time your child is present. Your first questions should be, "Do you have an open door policy?"
2) Visit the place several times to assure yourself the people are competent and the place is in satisfactory condition. Ask questions of the staff and children in attendance.
3) Most of all, believe in and communicate with your child. If your child has an honest gripe or seems to hate the place, give him/her the benefit of the doubt and look for new care immediately!

Here's to all the "Shortcakes" and their home-away-from-homes.

April 30, 1985

'Some of all, in the February

"It's a matter of ideas and feelings, not necessarily representative of my beliefs, which is not to say that I don't pray. But we didn't elect these people to pray either. We elected this group of senators because of their political viewpoints which we hope are unique. So why do we try to lump different beliefs under one form of deity? The strength and beauty of our senator, or of the entire human race for that matter, lies in its diversity. And learning to respect this diversity should be a goal of education. Any attempt to suppress political and religious differences should be stopped.

What comes out? Will the student senates pass a resolution requiring that time for prayer be structured into our classes? I should hope not. In the meantime, I will pray to my God that the student senate resists its April 16 decision.

- Susan Kelly
Chariot Editorial Writer

On Tuesday, April 16, Associated Student's, Inc. (ASI) voted to admit and structuring time into the senate meetings for prayer. Although I understand this is to be on a voluntary basis, there is something fundamentally wrong with this decision. Think of how those students who choose not to participate feel, can we condone such behavior? It's a structured time for prayer constitutionally acceptable? It seems that the people who were active in passing this decision have lost sight of their duties as senators. Surely such a decision is not representative of my beliefs, which is not to say that I don't pray. But we didn't elect these people to pray either. We elected this group of senators because of their political viewpoints which we hope are unique. So why do we try to lump different beliefs under one form of deity? The strength and beauty of our senator, or of the entire human race for that matter, lies in its diversity. And learning to respect this diversity should be a goal of education. Any attempt to suppress political and religious differences should be stopped.

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By C. Antonio Provost
Chariot Reporter

"The Redeeming The American Dream: The Future of Housing, Work, and Family Life," is a book which appeals to the non-fiction reader who may be seeking information to help remedy some of society's problems. The author, Dolores Hayden, W. W. Norton & Company, 1984) provides well documented facts and suggestions. There are some dull passages and complex parts, but the book is essentially thought-provoking and not too difficult to understand.

Some points of particular interest are found in Chapter 4, "Home, Mom, and Apple Pie," the author states, "Whose speaks of housing must also speak of home; the word means both the physical space and the nurturing that takes place there. In American life, it is hard to separate the ideal of home life from the ideals of man... of mother love...

The author finds male participation to be woefully weak and often lacking the nurturing processes. "American men now do only 10 percent of household work (a smaller percentage than children contribute) and women still bear the brunt of 70 to 90 percent, even when both members of a couple are in the paid labor force." The author suggests that such inequity needs to be solved.

The basic philosophy and psychology of the author and her constructive conclusions pertaining to many of society's current problems make this book an invaluable contribution to the field of sociology. The reader who takes the necessary time to devour and digest the contents of this book will be in a better position to contribute toward solving exis-
Fit for life---for life

By Joan Pirnack
Chariot Reporter

Fit for life is the belief that lies behind the policy of a health care, plus physical fitness combo class that is a requirement for an associate degree at MiraCosta College.

The physical education department believed that too many knew too little about the myriad subjects covered in a new age health class. What to do about obesity? How do you exercise for a lifetime of good health? What causes stress? How about the newest birth control methods? How do you handle death and dying of loved ones?

The new core class offers a comprehensive overview of life from birth to death, from mental health to cancer. It's all there and it is dealt with in informative lectures provided by the staff.

Dr. Thomas Shields, chairman of the P.E. department said it was decided that the over 40 group as well as the younger students needed information regarding health and the need to get physically fit. "It's important to get some basic knowledge and the theory associated with physical fitness, and to try to be aware of what is right—and wrong for our bodies."

Dr. Shields added that MCC isn't trying to promote exercise fanatics, but that people must learn to be aware of the body mentally as well as physically. What can we learn to do that is conducive to good health, and that we can continue with as a carry-over activity, he asks. Cruising a golf course in an electric cart is not exercise, but brisk walking, steady jogging, swimming and dance exercise is something most of us can do forever—at a sensible pace, that is.

The new A.A. requirement is not state mandated. It is a local college decision. Some of the large community colleges have complete physiology exercise labs to register all areas of body fitness. MCC has new bicycles that measure the cardio-vascular system, and appointments can be made to take the test under the supervision of trainer Dan Diebert.

Dr. Shields stressed that too much running or work-out type exercise is not good even if a person is in condition. People need a choice of what to do, and also time off. "You do not have to do a lot to maintain some type of physical well-being—when you feel alert, you feel good because you've done something physical . . . but not to the point where you have completely worn yourself out and torn your body down because exercising is an obsession with you."

The MCC instructors strive to teach what they hope students will accept as a way of life: "Be fit for life—for life."
Special Events
A "Cinco de Mayo Celebration and Concert with Sabia" will be presented on Saturday, May 4, at 8 p.m. in the MiraCosta College Theatre. Tickets are $6. For information, call 942-1352.

A "String Ensemble Concert" will be held on Sunday, May 5, at 3 p.m., in Room C-7. Admission is free. For more information, call MiraCosta College's Music Department, 757-2121 or 755-5155.

A student art exhibit will be featured May 13-31 at MiraCosta College's James Crumley Art Gallery. Admission is free. Gallery hours are 8 a.m. to noon, and 1 p.m. to 5 p.m., Monday through Friday. For more information, call 757-2121 or 755-5155.

Theater Events
MiraCosta College's Children's Theatre will offer "The Snow Queen" on Friday, May 10, at 7:30 p.m. and Saturday, May 11, at 1:30 p.m., in the MiraCosta College Theatre. Tickets are $2.50. For information, call the theater box office at 439-7932.

The Palomar and MiraCosta College Theatre Association will present "How The Other Half Loves," May 17-25, in the MiraCosta College Theatre. Tickets are $2.50. For more information, call 942-1352.

Films
The last two films in MiraCosta College's Latin American Film series will be "El Norte," from Mexico, shown on Saturday, May 18, at 7:30 p.m., and "Mambo Azul," from Brazil, shown on Saturday, June 1, at 7:30 p.m. Admission to either film is $3. Both films will be shown at the MiraCosta College Theatre. For more information, call 942-1352.

Lectures, Seminars and Workshops
"Memory Power" will be taught by Dan Miklos, director of the West Coast Memory Improvement Center, on Saturday, May 4, from 9 a.m. to 4 p.m., at MiraCosta College's Del Mar Shores Center, 9th Street and Stratford Court in Del Mar. There is a $25 workshop fee which includes materials. For more information, call 942-1352.

"Public Relations and Advertising for the Small Business" will be offered by Lee Ann Taylor on Thursday, May 9, from 6 to 10 p.m., in Room F-8. There is a $12 fee for the workshop. For more information, call 942-1352.

Jeff Figler, of the San Diego State University School, 155 Stevens Street in Solana Beach. There is a $16 fee for the class, and a $7 food fee will be collected at the door. Participants must pre-register at MiraCosta College's Community Services department or the college's Del Mar Shores Center. For more information, call 942-1352.

"How to Research and Market Your Books and Articles" will be taught by Lois Horrowitz on Saturday, May 18, from 9:30 a.m. to 3:30 p.m., at MiraCosta College's Del Mar Shores Center. There is a $20 fee for the workshop. For more information, call 942-1352.

"Communication and Personal Power" will be taught by Ann Carli on Tuesday, May 21, from 12:30 to 2 p.m., at MiraCosta College's Del Mar Shores Center. There is no fee for this workshop. For more information, call 757-2121 or 755-5155.

"How to Start a Profitable Home-Based Business" will be presented by Jeff Figler on Saturday, June 1, from 8 a.m. to noon at MiraCosta College's Del Mar Shores Center in Room 8. There is a $20 fee for the workshop. For more information, call 942-1352.

"Starting and Incorporating Your Business" will be offered by Jeff Figler on Saturday, June 1, from 1 to 5 p.m., at MiraCosta College's Del Mar Shores Center in Room 10. There is a $16 fee for the seminar. For more information, call 942-1352.

"A Working Mother's Survival Kit" will be offered by Margaret Wolff on Saturday, May 11, from 10 a.m. to 3 p.m., at MiraCosta College's Del Mar Shores Center in Room 10. There is a $16 fee for the seminar. For more information, call 942-1352.

"Microwave Cooking Magic" will be taught by Phyllis Carey on Saturday, May 11, from 10:30 a.m. to 3:30 p.m., at Earl Warren Junior High School, 155 Stevens Street in Solana Beach. There is a $16 fee for the class, and a $7 food fee will be collected at the door. Participants must pre-register at MiraCosta College's Community Services department or the college's Del Mar Shores Center. For more information, call 942-1352.

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Travel to Morocco
MiraCosta College's unique Training Institute will begin classes in travel computer reservations and ticketing systems on May 6, from 6 to 9 p.m., at a local travel agency (location to be announced at a later date). The three week program offers 30 hours of training and classes are limited to a maximum of six students. A certificate will be awarded upon completion. For more information, call 757-2121, extension 381.

MiraCosta College and Palomar College will offer an intensive Spanish language program on location in Morelia, Mexico from June 24 through July 26. The program cost is $790 and includes class registration, room and board in Mexico, and transportation on field trips. For more information, call MiraCosta College at 757-2121 or 755-5155, ext. 223, or Palomar College, 727-7529, ext. 2260.

May-June Calendar Events:

Travel to Morocco May 25-June 8
Take a tour of the Temecula wine country with MiraCosta College's Community Services department on Saturday, May 11. Cost for the tour, including transportation and stops for wine-tasting and tours at Callaway, Mount Palomar and Filer wines, is to be $20. For more information, call 942-1352.

Tour the Norton Simon Museum in Pasadena on Saturday, May 18, with MiraCosta College's Community Services department. Cost of the tour, including transportation, is $22. For more information, call 942-1352.

Travel to Morocco with MiraCosta College's Community Services department from May 25 - June 8. Cost of the tour, including double occupancy room, all airfare, most meals, and ground transportation, is $1795. For more information, call 942-1352.

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The better preschools will offer unique classes such as "Flying."

Do you like school?

Annemarie Kowalewicz (3):
"Yes, because I always eat a egg burrito. But I put too much hot sauce on it."

Trehanna Toledo (2½):
"I go right there (points). I don't like it, Mom."

Sommer Silveria (2½):
"Yes, I like the big kid side."

Sean Topham (4): "Yes, it's hard. I like to go to school 'cause I play. Just because. To learn all those things."

Irene Wong (3½):
"I like to play."

Some things never change.

Photos and Layout
By Joanne Jester
A practical guide to the progressive preschool.

It is considered in good taste to wash one’s hands before lunch.

About the Center

The security at MiraCosta College's Child Care Center can be compared to a well-guarded prison. But there the similarities end because the "inmates" are happy children.

In today's world where you see the faces of missing children on grocery bags, it is nice to know that the little ones in MCC's center are watched carefully.

Upon being admitted to the center (after parents signed a permission slip allowing me to talk to their children and photograph them) my initial feeling of frustration was replaced with respect and understanding.

The center is uniquely designed to serve the needs of the parent/student. Fees are based on the number of units taken and priority is given to parents with financial need and returning students.

There are morning and afternoon programs with special "lunch care" provided for parents with classes at noon. Each session encompasses a full program of active and quiet play time. The curriculum includes arts and crafts, music and movement, nature and science, literature and numbers.

Parents are required to enroll in CD-8, a child development class here at MiraCosta. Children must be 2½ years old to enroll and must be "potty trained."

A special feature of the center is a one-way mirror. The parents are encouraged to use the mirror to observe their children during class. Since the mirror can only be seen through on the parents' side, the teachers never know when they are being observed.

Morning supervisor Karen Noel explains the observation booth is available to parents and students of child development. "We feel that it gives the parents a sense of security as well as opportunity to observe their child in a classroom setting."

Asked whether the school stresses learning or fun, Ms. Noel looked surprised and said, "We think learning is fun!"

Parents interested in enrolling their child in the program can contact the center at 737-2121 ext. 369.

Special Thanks
To the parents,
Staff and children
of the center
for their cooperation.

Occasionally a preschooler must "humor" the adults by letting them play with their toys.
Men victorious in track, field

By C. Tony Provost
Charriot Reporter

MiraCosta’s men and women track teams have been successful this year under the splendid direction of head coaches Doc Marrin and Al Gilbert and their staff. The teams’ hard work to achieve success has paid in meet victories.

The most impressive and rewarding men’s wins were in the duel meet against visiting San Diego City College and in the Division III Southern California Relays. The final tally, MCC 116-28 over San Diego.

Leading point getters were Randy Cooper, top point man at several meets and winner in the 440 with a time of 49.7; Tyrone Pope, county triple jump champion and second in the long jump in the county winning both events; Mik Zaires, first in 400 meters intermediate hurdles and Jeff Horne, double winner in shot put.

Others included Dan Zimmerman, high jump; Bruce Ziegler, 1,500 meters; Jim Hendricks in the 110 high hurdles; Mike Bates in the 800; Ken Zapada in the 5000; Shannon Stripling in poll vault and Dennis Draney; javelin winner. In the 400 meter relay, Pope, Gerald Brantley, Zack Karasoulas and Cooper won the event in 43.7 against medium to slightly heavy winds.

In the recent Southern California Relays at Cerritos College in Norwalk, MCC was fourth out of 41 teams represented. Two school records were broken: the shuttle hurdle by Janet Duf-fy, Ann Maeva, Jennifer Cottingham, and Rachael Davis, placing third in the event and bettering the old mark of 1:04.3 to a 1:04.1 time. In the 3,000-meter relay, MCC was second in the new time of 8:30.4. This victory is credited to Kim Sterton, Stephanie Fedorcheck, Tina Cheney and Sandy Blakeslee, who also earned an individual second place in the 3,000 meters nipped by Orange Coast’s Kathy Kierman in 9:59.2.

In the Santa Barbara Easter Relays the women dominated in winning the championship over six other teams in the division, 116-74; San Diego Mesa second. Leading MCC in scoring were Randy Cooper, top point man at several meets and winner in the 440 with a time of 49.7; Tyrone Pope, county triple jump champion and second in the long jump in the county winning both events; Mik Zaires, first in 400 meters intermediate hurdles and Jeff Horne, double winner in shot put.

Others included Dan Zimmerman, high jump; Bruce Ziegler, 1,500 meters; Jim Hendricks in the 110 high hurdles; Mike Bates in the 800; Ken Zapada in the 5000; Shannon Stripling in poll vault and Dennis Draney; javelin winner. In the 400 meter relay, Pope, Gerald Brantley, Zack Karasoulas and Cooper won the event in 43.7 against medium to slightly heavy winds.

In the Southern California Junior College Relays, MCC had an overwhelm­ing victory against six other teams in the division, 116-74; San Diego Mesa second. Leading MCC in scoring were Pope, first in the long jump and in triple jump; Stripling in pole vault; Zimmerman and Mike Embick tied in high jump. In the track events the sole first place earned was in the shuttle hurdle relay team of Faust, Zaires, Nick Col-lins and Hendricks.

The state championship meet at Bakersfield results.

The MCC women track and field team recently won an undisputed Pacific Coast Conference title in their final vic­tory over San Diego City College. The victory was an unprecedented 32nd in a row for a MiraCosta team, according to coach Al Gilbert.

The victory was highlighted by the performance of the only triple winner, Rachael Davis, in the 100-meter hurdles, the high jump and the long jump. Double winners consisted of Kim Sterton, 1,500 and 800 meters; Ann Maeva in the 100 and 200, and Patricia SueSue in the shot put and discus. Placing first in the javelin was Jill Harrington and Pauline Stethy in the 3,000 meters.

In the Pacific coast finals, MCC proved to be of championship caliber. The women scored 256 to 63, in second place, arch rivals, Grossmont and San Diego tied. The men, scored 211 to 165 against second place Grossmont, who had been victorious against the Spartans by 40 points, in a duel meet.

Highlights were the individual performances of: first places by Rachael Davis, conference athlete of the year, in the long jump, high jump, and 100 meter hurdles; Jennifer Cottingham in 400 meter hurdles; Ann Maeva in 200, 100 meter sprint and hurdles; Kim Sterton in 800 meters; Patricia SueSue in shot put; Sonji Nichols in 400 meters; Sandy Blakeslee in the 3,000 and 1,500 meters. Winning the 1,600 meter relay, setting a new conference record were: Janet Duf-fy, Cottingham, Davis and Maeva in 4:49.94, bettering the old mark of 49.36.

The Men’s winners were: Mik Zaires, high point man, with 20 points, placing in five of his six events; Tyrone Pope in the long jump; Zimmerman in high jump; Bates in the 3,000 meter steeplechase; Stripling in pole vault.

In the relay Randy Cooper ran the fastest 400 meter leg in 48.4, winning the final event with teammates: G. Bentley, Z. Karasoulas and D. Zimmerman.

In the最近的Southern California Relays在Cerritos学院在Norwalk，MCC在顶尖的队伍中。两校记录被打破：接力赛由Janet Duf-fy, Ann Maeva, Jennifer Cottingham, and Rachael Davis,以及Kim Sterton, Stephanie Fedorcheck, Tina Cheney和Sandy Blakeslee,他们在3,000米比赛中获得第二名,这要归功于Orange Coast’s Kathy Kierman。加入在9:59.2。

在Santa Barbara Easter Relays比赛的女运动员主宰了比赛,以22比2其他队伍。领先的MCC在得分是Pope,第一是long jump和triple jump; Stripling在pole vault; Zimmerman and Mike Embick tied in high jump。在田径比赛中唯一获得胜利的是shuttle hurdle relay team of Faust, Zaires, Nick Collins and Hendricks。

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The victory was highlighted by the performance of the only triple winner, Rachael Davis, in the 100-meter hurdles, the high jump and the long jump. Double winners consisted of Kim Sterton, 1,500 and 800 meters; Ann Maeva in the 100 and 200, and Patricia SueSue in the shot put and discus. Placing first in the javelin was Jill Harrington and Pauline Stethy in the 3,000 meters.

In the Pacific coast finals, MCC proved to be of championship caliber. The women scored 256 to 63, in second place, arch rivals, Grossmont and San Diego tied. The men, scored 211 to 165 against second place Grossmont, who had been victorious against the Spartans by 40 points, in a duel meet.

Highlights were the individual performances of: first places by Rachael Davis, conference athlete of the year, in the long jump, high jump, and 100 meter hurdles; Jennifer Cottingham in 400 meter hurdles; Ann Maeva in 200, 100 meter sprint and hurdles; Kim Sterton in 800 meters; Patricia SueSue in shot put; Sonji Nichols in 400 meters; Sandy Blakeslee in the 3,000 and 1,500 meters. Winning the 1,600 meter relay, setting a new conference record were: Janet Duf-fy, Cottingham, Davis and Maeva in 4:49.94, bettering the old mark of 49.36.

The Men’s winners were: Mik Zaires, high point man, with 20 points, placing in five of his six events; Tyrone Pope in the long jump; Zimmerman in high jump; Bates in the 3,000 meter steeplechase; Stripling in pole vault.

In the relay Randy Cooper ran the fastest 400 meter leg in 48.4, winning the final event with teammates: G. Bentley, Z. Karasoulas and D. Zimmerman.
### Women's tennis struggling

By Tammy Adkins

Chariot Reporter

While this year’s record for the women’s tennis team may show more losses than wins, they don’t begin to show all the hard work that’s gone into the season.

What this team lacks in wins, it makes up in improvement. The ladies have been doing great,“ said coach Fred Pechek. “They’re a young team, mostly all freshmen, but they’re trying. Sometimes they lack concentration but they don’t lack potential.”

Pechek singled out No. 3 player on the team, Leah Hopton as the most improved player. “She’s becoming a real good stroker and she’s hitting really well.”

This year’s team consists of seven players with three sets of doubles. The current No. 1 player on the team is Sheri Ward, a freshman and former Carlsbad High School student.

“As a team I think that we’ve been a little disappointing to Fred (coach), but we keep trying and we’ve gone into matches with a little more enthusiasm, attitude,” Ward said.

For Ward, attitude seems to be a key in her ability to attain the respect of her teammates. “I was surprised to hear that some people on the team actually look up to me as a player. Because of that respect that I have to set an example on the court as well as off.”

In the No. 2 position is sophomore Paula Lataua from El Camino. Lataua is the only returning player from last year’s team and worked her way up from the bottom of the ladder. “I like where I am; it’s a tough position but I’m hanging in there.”

She commented that the team could have done better had there been more drills and more discipline. But in the end she feels that the team has had fun and “that’s what counts.”

In the fourth position is sophomore Paula Lataua from El Camino. Lataua is the only returning player from last year’s team and worked her way up from the bottom of the ladder. “I like where I am; it’s a tough position but I’m hanging in there.”

The plans for this year are to finish out the season and score big at the tournaments to follow.

### Individual performances refute record

By Pat Gray

While this year’s record for the MiraCosta baseball team may show more losses than wins, they don’t begin to show all the hard work that’s gone into the season.

“MCC’s baseball team exhibits talent”

By Pat Gray

Chariot Reporter

Standing at press time 2-8 in league play, the MiraCosta baseball team has been having a few problems this season.

“The team’s pitching is starting to come around,” said coach John Seeley. “Fred Pechek realized that he was reliving a problem, according to Seeley, but the team has had an “inconsistency in one or two innings,” giving the opponent a big inning.

Seeley added that the inconsistency was brought on by a number of “mental errors on the defense,” giving the opponent a big inning that, many times, put MiraCosta too far behind to come back. Here’s how this year’s Spartan baseball line-up looks:

<table>
<thead>
<tr>
<th>Position</th>
<th>Name</th>
<th>Year</th>
<th>Notes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Pitcher</td>
<td>Gellatly, David</td>
<td>Freshman</td>
<td>At “3” he is considered to be one of the fastest on the team.</td>
</tr>
<tr>
<td>Catcher</td>
<td>Frye, Steve</td>
<td>Freshman</td>
<td>Plays the position of catcher; needs a better but otherwise he is a good ball player.</td>
</tr>
<tr>
<td>1B</td>
<td>Welch, Jon</td>
<td>Freshman</td>
<td>An intense ball player and an excellent student.</td>
</tr>
<tr>
<td>2B</td>
<td>Carreon, Robert</td>
<td>Freshman</td>
<td>Has good potential.</td>
</tr>
<tr>
<td>3B</td>
<td>Castilleberry</td>
<td>Freshman</td>
<td>Can play first, second or third base. He can be a good ball player if he’ll have the opportunity to show what he can do.</td>
</tr>
<tr>
<td>C</td>
<td>Lusian, Ralph</td>
<td>Sophomore</td>
<td>A consistent player.</td>
</tr>
<tr>
<td>LF</td>
<td>Swenson, Andy</td>
<td>Junior</td>
<td>Plays left field and is a good ball player.</td>
</tr>
<tr>
<td>RF</td>
<td>Peckh, Paul</td>
<td>Sophomore</td>
<td>Plays the position of catcher; needs a better but otherwise he is a good ball player.</td>
</tr>
</tbody>
</table>

The plans for next year are to improve their fielding and hitting. The team will return all but one of its regulars. The only loss will be the first baseman. He needs more of a consistent attitude because it reflects in the way he plays on the field.

By Tammy Adkins

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ATTENTION:
The Chariot needs your help!

Support your campus paper. We need writers, photographers, artists and interested contributors. Sign up for Publication Workshop (JOU 03) and let us put your talent to work. The class meets summer term from 9:30 - 12-20 on Tuesday and Thursday in U-12.

SEE YOU THERE!
Dr. Frank Cummins examines Julie Quayle while nurse Fredricka Del Carlo looks on.

Feeling ill?

Dr. Frank Cummins is the newest addition to the MCC student health center. He was previously associated with Long Beach State University for eight years.

The student health center has a fully equipped clinic with two examining rooms and is able to provide acute and primary care for students. The only charge is for medication and laboratory tests.

A student may obtain a tetanus, TB test for fixed services, or allergies shots, provided the student furnishes the serum. A cut finger or a sudden fever and they are able to handle the problem.

The free clinics of the sixties and early seventies are a thing of the past; however, MCC's on-campus facility can see students through many emergencies.

Dr. Cummins is on campus six hours a week. Fredricka Del Carlo, R.N., B.S.N. and her staff are there during regular class hours.

Attention!

The MCC Veteran's Service Office has announced that all class changes by students receiving V.A. benefits have agreed to this office. The office officials added that students who report any potential financial obstacle to a Financial Aid Manager.

Mid-semester classes

Two automotive repair classes and an administration of justice class will be offered mid-semester with credit toward a certification or a degree.


Also starting in June is a class that deals with identification, collection, protection, and presentation of physical evidence, entitled "Field Evidence Course."

Registration for these classes has begun. Register at the Admissions and Records Office or call 757-2121, 755-5155 or 942-1352.

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Its Impact On Society
and a Challenge Against the Makers...
by C. Antonio Provost

A Forward by Professor Francisco L. Peccorini, Cal State University, Long Beach, Philosophy Dept.

Vantage Press, N.Y., spring or summer publication date to be announced. Advanced copies, $8 from C.A. Provost, the author, $10 from publisher or at book stores. Order in advance at 4744 Sunburst Dr., Oceanside, CA 92056.

...this book should be welcome as a valuable sociological contribution to the general public, the one that the Kinsey Report evidently reached in so damaging a proportion. . .

Dr. Peccorini

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Yogurt Giant
Specializing in Frozen Yogurt
Ice Cream • Sandwiches • Salads
Party Trays • Sandwich Party Trays
1817 West Vista Way • Vista, California 92083

Lakeland Rental Service
3751 West Palomar Park Drive
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Suite T5A
Carlsbad, California 92008

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303-1222
San Diego
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220-1500
Carlsbad
2014 D Carona Pkwy
434-4141
Chula Vista
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629-0300

ROBERT C. KREMER
Veterans' Program Manager
MiraCosta College
One Barnard Drive, Oceanside, CA 92056
(619) 757-2123

Norma M. Bean, M.A.
Freelance Editor • Writer

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